

## The Patient Health Questionnaire-2 (PHQ-2)

**Instructions:** Print out the short form below and ask patients to complete it while sitting in the waiting or exam room.

**Use:** The purpose of the PHQ-2 is not to establish a final diagnosis or to monitor depression severity, but rather to screen for depression as a “first-step” approach.

**Scoring:** A PHQ-2 score ranges from 0 to 6; patients with scores of 3 or more should be further evaluated with the PHQ-9, other diagnostic instrument(s), or a direct interview to determine whether they meet criteria for a depressive disorder.

Patients Name: _____		Date of Visit: _____		
DOB: _____				
Over the past 2 weeks, how often have you been bothered by any of the following problems?	Not at all	Several days	More than one-half of the days	Nearly every day
1. Little interest of pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3

FOR CLINIC PERSONNEL USE:

Total Score: \_\_\_\_\_

Reviewed by: \_\_\_\_\_

Provider signature: \_\_\_\_\_